

# **ONLINE OPPORTUNITIES FOR PERSONAL/FAMILY SPIRITUAL GROWTH AND ENCOURAGEMENT AT HOME**

**Ascension Press** Most of their beautiful studies are now available for individual purchase of workbook that enables access of online videos of the subject for one year from date of purchase. Cost effective. Also free videos, podcasts, articles under Ascension Presents.

<https://ascensionpress.com/>  
<https://ascensionpress.com/pages/study-programs>  
<https://ascensionpress.com/pages/study-summary>

**Good Catholic** – Many, many excellent online video series (often 21 short episodes) with pdf documents on a wide variety of topics. Cost effective. Each series' videos, aids are available for one year from date of subscription/purchase. Good Catholic is one of several services of The Catholic Company, a wide source for most everything Catholic.

<https://www.goodcatholic.com/>  
<https://www.morningoffering.com/> (free sign-up for daily inbox delivery))  
<https://www.catholiccompany.com/magazine/>  
<https://www.catholiccompany.com/>

**St. Paul Center for Biblical Theology** -- FREE online studies and others by subscription with Dr. Scott Hahn and others.

<https://stpaulcenter.com/studies-tools/online-studies/>

**The Wild Goose: discovering a deeper relationship with the Holy Spirit**

<https://thewildgooseisloose.com/wild-goose-main-page>

FREE (or by donation) Fourteen 25-min. gorgeous online videos for teens and adults. *The mission of The Ministry of The Wild Goose is to invite men and women to an encounter, or a renewed encounter, with Christ who perfectly reveals the love of the Father by the grace of the Holy Spirit...*

<https://wildgoose.tv/categories/category-NVc6JkWc5is>  
or [The Wild Goose // 14 Part Series on the Holy Spirit - YouTube](#)

## Metanoia: a journey with Christ into conversion

<https://wildgoose.tv/categories/category-ZQ5lAf5pr1c>

METANOIA – and believe in the Gospel. In the Gospel of Mark, the first words of Jesus are an invitation to metanoia, to repent, to change, to be converted.

The series is beautifully filmed on location in the Holy Land, highlighting sacred places such as the Sea of Galilee, the River Jordan, the desert of Temptations, and many of the holy sites in Jerusalem.

Each of the FREE 10 episodes explores areas of our life where conversion is so often necessary. Metanoia will examine topics such as who is Jesus, what must we do to inherit eternal life and many other significant matters of faith. With preaching from Fr. Dave as well as personal testimonies from men and women, young and old, religious and lay, their stories will inspire you to seek to encounter Jesus and the new life he is constantly inviting us to.

Metanoia is a production of the Ministry of The Wild Goose and 4PM Media in association with Franciscan University of Steubenville and the Franciscan Friars TOR Province of the Most Sacred Heart of Jesus.

## 8 Ways to Jump Start Your Prayer Life

<https://matthewsleonard.com/docs/8-Ways-Revised-2021.pdf>

## National Catholic Register

[www.ncregister.com](http://www.ncregister.com)

It can be difficult to find a relevant and trustworthy source for Catholic news and information that has the underpinnings of faith and reason. In today's media world, the truth often gets compromised and is presented from someone's opinion, rather than facts. This is what sets EWTN's National Catholic Register apart from all other news organizations... For over 90 years, Catholics have turned to the National Catholic Register for exclusive, Magisterium-faithful, reliable, and timely news. We want to equip you with this excellently researched reporting and news commentary, for FREE!

Sign up for the Register's **free daily E-Newsletter** to receive the best in Catholic news and blogs in your inbox:

<https://www.ncregister.com/feeds/e-newsletter>

.....

<https://spiritualdirection.com/>

<https://www.renewalministries.net/>

<https://www.thedivinemercy.org/>

<https://catholicexchange.com/>

<https://bible.usccb.org/daily-bible-reading>

<https://www.biblegateway.com/>